



Centre on Behavioral Health, The University of Hong Kong Dance Movement Therapy Alternative Route Training*[#] Recognized by the American Dance Therapy Association

(Application form is on the following page)

(*For further information & application, please email to bhealth@hku.hk)

INTRODUCTION

The Alternative Route Training Program organized by the Centre on Behavioral Health aims to offer education and training opportunity for students who would like to seek for professional registration from the American Dance Therapy Association (ADTA) as Registered Dance/Movement Therapist (R-DMT)*. Courses are designed and taught according to the education guidelines of ADTA. Students can choose to take courses according to their own schedules.

CURRICULUM

A. Dance/Movement Therapy Theory and Practice (270 hours or 18 credits)

Course Title
<ul style="list-style-type: none"> ● Theory and Principle of Dance/Movement Therapy I: Fundamental (30 hours/2 credits) ● Theory and Principle of Dance/Movement Therapy II: The Dance of Relationship (30 hours/2 credits)
<ul style="list-style-type: none"> ● Dance/Movement Therapy for Children and Adolescents (30 hours/2 credits) ● Dance/Movement Therapy for Working with Adults to Ends of Life (30 hours/2 credits) ● Dance/Movement Therapy for Clinical Populations/Trauma (30 hours/2 credits)
<ul style="list-style-type: none"> ● Movement Assessment, Diagnosis and Treatment Planning (30 hours/2 credits)
<ul style="list-style-type: none"> ● Professional Roles and Ethics in Dance/Movement Therapy (30 hours/2credits)
<p>Electives:</p> <ul style="list-style-type: none"> ● Authentic Movement Practices I (15 hours/1 credits) ● Authentic Movement Practices II (15 hours/1 credits) ● Partner Dancing in Dance/Movement Therapy (15 hours/1 credit) ● Multimodal Dance Movement Therapy (15 hours/1 credit) ● LivingDance~LivingMusic™ (15 hours/1 credit) ● Psychomotor Therapy: Liljan Espenak’s Dance Therapy Approach (30 hours/2 credits)



B. Group Processes in Dance/Movement Therapy (45 hours or 3 credits)

Course Title
● Group Processes in Dance/Movement Therapy (45 hours/3 credits)

C. Movement observation and analyses (90 hours or 6 credits)

Course Title
● Laban Movement Analysis (45 hours/3 credits)
● Kestenberg Movement Profile (45 hours/3 credits)

D. Kinesiology (15 hours or 1 credit)

Course Title
● Kinesiology and Anatomy for Movement-based or Body-based Works (15 hours/1 semester credit)

E. Clinical requirements

- Practicum/Fieldwork (200 hours). Counselors, social workers, psychologists, and other helping professionals who have completed clinical internships in their fields are exempt from this requirement.
- Internship in a clinical setting (700 hours)
 - Key Points for Internship: *Prior to starting dance therapy internship the trainee must have completed 18 semester credits of coursework - 9 credits of dance therapy coursework and 9 credits of general training coursework.*
 - Within the 700 hours: 350 hours of *direct client contact*, including 150 hours during which the intern is responsible for leading dance/movement therapy sessions with clients.
 - 70 hours of supervision by a BC-DMT (who may or may not be on-site, but who must be able to visit the site).

Notes:

Some courses listed in the curriculum are under the progress of applying for approval from ADTA.

*Please also refer to ADTA’s requirement for professional registration.



Application Form

Please return the completed form to Centre on Behavioral Health, HKU – Email: bhealth@hku.hk
2/F., 5 Sassoon Road, Hong Kong. Tel : 2831 5163 Fax: 2816 6710

Title: * Professor Dr. Mr. Mrs. Ms.

First Name: _____

Last Name: _____

Correspondence Address: _____

Tel: _____ Fax: _____

Email: _____

Organization: _____

Position: _____

Academic Background:

1. _____

2. _____

3. _____

Please state previous attended Dance/Movement Training:

1. _____

2. _____

3. _____

Related Experience (eg. social work, counseling , psychotherapy, etc) :

Remarks: _____

Date: _____ Signature: _____

*Please tick as appropriate